



Bojana A. Perić Prkosovački¹ 

Staša V. Đokić Jovin

Nina R. Brkić Jovanović

University of Novi Sad, Faculty of Medicine, Novi Sad, Serbia

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Moderating role of learning strategies through student assessment of distance learning

Extended summary

Distance learning is becoming more common in higher education institutions. The growing use of communication and information technology (ICT), especially in the light of the COVID-19 pandemic, allows for the improvement of distance learning, at the same time challenging teachers to apply ICT effectively in designing interactive lessons which would involve all students as active participants. Students should be able to monitor themselves by self-regulating and exerting control over their learning, taking responsibility, and directing the process.

Based on the previous research, it can be concluded that students should be active participants in their learning process by self-regulating and exerting control over their learning, taking responsibility, and directing the process. Active learning, followed by the interactive approach to learning as a social dimension, promotes the development of self-regulation and skills of self-facilitation which are the main components of metacognition. Students with developed metacognitive skills are academically more successful, while understanding and controlling their thinking and learning processes.

The “new normal”, almost as a new paradigm, affects the previously established scientific facts about the process of learning. It is necessary to explore what kind of effect the altered approach to teaching, caused by the COVID-19 pandemic, has on the success in learning.

1 bojana.peric-prkosovacki@mf.uns.ac.rs;  <https://orcid.org/0000-0003-0035-7600>

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The aim of the research is to explore the students' evaluation of distance learning, as well as the strategies they apply in the learning process, while also determining the connection between their assessment and strategy use. The Student Evaluation of Online Teaching Effectiveness (SEOTE) was used to examine the students' evaluation of online teaching, while the Motivated Strategies for Learning Questionnaire (MSLQ) was used to examine the use of motivated learning strategies.

The seven principles of effective teaching, constructed by Chickering and Gamson (1987), represent the most well-known list of variables affecting student learning. The success of learning depends on student-faculty contact, cooperation among students, active learning, prompt feedback, time on task, high expectations and respect for diverse talents and ways of learning. Most teaching activities based on these seven principles are in accordance with active learning, promoting effective learning in which students can relate their experiences with previous knowledge. Authentic learning activities facilitate high expectations in students. The purpose of constructive teaching is shaping and managing of students' experiences with the aim of encouraging students' thinking activity. A student should be a creative participant who, in cooperation with peers and teachers, takes part in the preparation, planning, implementation and evaluation of the learning process.

Research sample included 226 students at the University of Novi Sad. Around 77% were female. At the moment of completing the survey, the highest percentage of participants were in their second year of study – 50.4%, while there was 8.4% of first-year students. Furthermore, 16.4% of students attended third year, and 18.1% attended the fourth. Only 6.6% of students were in their fifth year of study.

Descriptive statistics methods were implemented to establish the measures of central tendencies, variability, and extreme values of the observed numerical characteristics. In the domain of comparative statistics, the following techniques were applied: 'Student's' t-test for independent samples and Pearson's linear correlation coefficient. The measure of internal consistency expressed by the Cronbach's alpha coefficient was used to assess the reliability of the scale as a whole.

The results show that students who feel more confident in learning, set internal goals, and are able to self-regulate, evaluate online teaching more positively. Furthermore, students who use cognitive strategies more often rate communication with teachers higher and report spending more time on mastering content and completing academic assignments. On the other hand, students who experience test anxiety, tend to avoid working with peers. These findings imply that students with higher levels of self-efficacy, intrinsic motivation, self-regulation, and strategy use give higher rates to the overall quality of online teaching, while anxiety hinders social interaction and joint learning.

Keywords: learning strategies, metacognitive self-regulation, motivation, distance learning

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